

## New York State Health Standards/HPW Correlation: Elementary

### Standard 1—Personal Health and Fitness

1. Students will understand human growth and development and recognize the relationship between behaviors and healthy development. They will understand ways to promote health and prevent disease and will demonstrate and practice positive health behaviors.

Performance Indicators	HPW Citations
know how basic body systems work and interrelate in normal patterns of growth and development	<b>Kindergarten:</b> TE 138-151 SA 26,27 PA 19,20 <b>Grade 1:</b> TE 154-172 SA 28-31 PA 25,26 <b>Grade 2:</b> TE 80-85; 96-101; 120-138 SA 25,26,37-41 PA 16, 20 EA 5 <b>Grade 3:</b> TE 96-114 SA 18-22 PA 18 <b>Grade 4:</b> TE 72-79; 154-172 SA 14,15,40-42 PA 10 EA 23-26 TR 5, 8-10 HF <b>Grade 5:</b> TE 136-156 SA 28-33 PA 17-18 EA 20-21
possess basic knowledge and skills which support positive health choices and behaviors	<b>Kindergarten:</b> TE 4-28; 66-73; 90-97; 152-165 SA 1-6; 28-31 PA 1-4; 10; 21-22 <b>Grade 1:</b> TE 2-30 SA 1,2 PA 1-4 <b>Grade 2:</b> TE 44-50; 92-95; 102-118 SA 10,11,18, 24,27,32-36 PA 11, 13, 15,18,19 EA 1,4, <b>Grade 3:</b> TE 2-45; 91-92 SA 1-6; 17 PA 1-10 TR 1, 2, 6, 7 <b>Grade 4:</b> TE 2-40; 88-119 SA 1-8; 19-27 PA 1-6 TR 1, 2, EA 1-6; 14-18 <b>Grade 5:</b> TE 2-47 SA 1-10 PA 1-5 TR 1-3 EA 1-7
understand how behaviors such as food selection, exercise, and rest affect growth and development	<b>Kindergarten:</b> TE 54-65 SA 7-10 PA 8-9 <b>Grade 1:</b> TE 94-118 SA 10-13 PA 15-18 <b>Grade 2:</b> TE 66-90 SA 12-23 PA 10-14 EA 2,3 <b>Grade 3:</b> TE 72-94 SA 11-16 PA 14-16 TR 4 <b>Grade 4:</b> TE 122-152 SA 28-39 PA 18-20 EA 19-22 TR 4-6 <b>Grade 5:</b> TE 102-134 SA 23-27 PA 13-16 EA 15-19 TR 6-10
recognize influences which affect health choices and behaviors	<b>Kindergarten:</b> TE 100-106 SA 16-18 <b>Grade 1:</b> TE 46-51 SA 4 PA 6 <b>Grade 2:</b> TE 110-112 SA 30, 31 PA 18 <b>Grade 3:</b> TE 89-94 EA 8 PA 17 <b>Grade 4:</b> TE 26-28; 97-98; 140-143 SA 6, 35 PA 4 TR 7 <b>Grade 5:</b> TE 89-93; 124-125 SA 24-26 PA 11 TR 9
know about some diseases and disorders and how they are prevented and treated	<b>Kindergarten:</b> TE 166-169 SA 32 PA 23 <b>Grade 1:</b> TE 174-181 SA 32-33 PA 27 <b>Grade 2:</b> TE 156-170 SA 46-50 PA 23-25 EA 7 <b>Grade 3:</b> TE 142-157 SA 31-35 PA 24-26 EA 11 <b>Grade 4:</b> TE 174-202 SA 43-45 PA 22-26 EA 27-31 TR 11-20 <b>Grade 5:</b> TE 176-198 SA 38-41 PA 21-23 EA 23-25 TR 17-21
practice and support others in making healthy choices.	<b>Kindergarten:</b> TE 25-32 SA 4-6 <b>Grade 1:</b> TE 10-15 EA 2 PA 2 <b>Grade 2:</b> TE 11-13 SA 1 <b>Grade 3:</b> TE 28-38 SA 4-5 PA 9 <b>Grade 4:</b> TE 13-15; 112-115 SA 4, 26, 27 PA 2, 16 <b>Grade 5:</b> TE 18-22; 42-47; 52-54 SA 3, 9, 10, 11 PA 6 EA 8

**KEY:** TE: Teacher Edition SA: Student Activity PA: Parent Activity EA: Evaluation & Assessment  
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## New York State Health Standards/HPW Correlation: Elementary

### Standard 2—A Safe and Healthy Environment

1. Students will demonstrate personally and socially responsible behaviors. They will care for and respect themselves and others. They will recognize threats to the environment and offer appropriate strategies to minimize them.

Performance Indicators	HPW Citations
understand basic safety rules	<b>Kindergarten:</b> TE 109-136 SA 19,20 PA 14 <b>Grade 1:</b> TE 68-86 SA 8 PA 11-13 <b>Grade 2:</b> TE 140-149 SA 42-45 PA 21 <b>Grade 3:</b> TE 48-63 SA 7,8 PA 11,12 EA 5,6 <b>Grade 4:</b> TE 54-65 SA 11,12 PA 9 EA 9 EA 9 <b>Grade 5:</b> TE 158-163 SA 34, 35 PA 19
recognize potentially dangerous situations and know how to avoid or reduce their risk	<b>Kindergarten:</b> TE 112-113; 118-129 SA 21-25 PA 15-17 <b>Grade 1:</b> TE 88-92 SA 9 PA 14 <b>Grade 2:</b> TE 150-154 PA 22 EA 6 <b>Grade 3:</b> TE 50-53; 68-69 SA 10 PA 11, 13 EA 11, 13 <b>Grade 4:</b> TE 68-69 SA 13 EA 10 <b>Grade 5:</b> TE 56-62; 68-74 SA 12, 14 PA 7 EA 9, 10 TR 4, 5
know some personal and social skills which contribute to individual safety	<b>Kindergarten:</b> TE 44-47; 112, 117, 121-123; 130-136 SA 21, 22 PA 16-18 <b>Grade 1:</b> TE 54-67 SA 5-7 PA 10 EA 5 <b>Grade 2:</b> TE 14-21; 116-118; 152-153 SA 2-4, 33-35 PA 1, 2 EA 6 <b>Grade 3:</b> TE 32-38; 64-70 SA 5, 9, 10 PA 9, 13 EA 7 <b>Grade 4:</b> TE 66-70 SA 13 EA 11, 12 <b>Grade 5:</b> TE 164-173 SA 36, 37 PA 20 EA 22 TR 15, 16
recognize characteristics of the environment that contribute to health.	<b>Kindergarten:</b> TE 76-87 SA 11, 12 PA 11 <b>Grade 2:</b> TE 52-64 PA 8,9 <b>Grade 3:</b> TE 60-62; 137-140 SA 29, 30 PA 12 EA 6 <b>Grade 4:</b> TE 42-52 SA 9, 10 PA 7 EA 7, 8 <b>Grade 5:</b> TE 170-173 EA 22

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## New York State Health Standards/HPW Correlation: Elementary

### Standard 3—Resource Management

1. Students will understand the influence of culture, media, and technology in making decisions about personal and community health issues. They will know about and use valid health information, products, and services. Students will advocate for healthy families and communities.

Performance Indicators	HPW Citations
identify characteristics of valid health information and health-promoting products and services and know where to locate them	<b>Kindergarten:</b> TE 109-11 <b>Grade 1:</b> TE 106-115; 161 SA 13 PA 16, 17, 25 EA 9 <b>Grade 2:</b> TE 87-88; 162-164 SA 21-23; 48 PA 24 <b>Grade 3:</b> TE 120-124; 135 SA 24 PA 20, 22 <b>Grade 4:</b> TE 90-92; 101-102; 106-108 SA 19, 20, 24 PA 12 <b>Grade 5:</b> TE 85; 97-99 SA 17, 21, 22, 24-27 PA 15 EA 16 TR 8
understand how culture contributes to individual family and community beliefs and practices affecting health	<b>Kindergarten:</b> TE 84-87 PA 11 <b>Grade 1:</b> TE 96-101 PA 15 <b>Grade 2:</b> TE 30-43; 75-76 SA 5-11; 14 PA 4-6, 12 <b>Grade 3:</b> TE 20-27 SA 2, 3 PA 7, 8 <b>Grade 4:</b> TE 114-115 SA 27 PA 16 <b>Grade 5:</b> TE 30-41 SA 5-10 PA 4, 5 TR 2,3
know how to access help when illness, injury, or emergency situations occur	<b>Kindergarten:</b> TE 170-174 SA 33 PA 22 <b>Grade 1:</b> TE 64-66 SA 7 PA 10 EA 6 <b>Grade 2:</b> TE 148-149 SA 45 PA 21 <b>Grade 3:</b> TE 68-70; 150 PA 13, 25 <b>Grade 4:</b> TE 101-102; 111; 132-133 SA 31 EA 16 TR 6 <b>Grade 5:</b> TE 161-163 SA 35 PA 19
recognize how the media influences health choices.	<b>Grade 1:</b> TE 131-133 SA 30 <b>Grade 2:</b> TE 105-106 SA 28 <b>Grade 3:</b> TE 138-139 SA 29, 30 <b>Grade 4:</b> TE 140-143 SA 35 TR 7 <b>Grade 5:</b> TE 168-169 SA 37 TR 16

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**New York State Health Standards/HPW Correlation: Intermediate**

**Standard 1—Personal Health and Fitness**

1. Students will understand human growth and development and recognize the relationship between behaviors and healthy development. They will understand ways to promote health and prevent disease and will demonstrate and practice positive health behaviors.

<b>Performance Indicators</b>	<b>HPW Citations</b>
integrate knowledge of basic body systems with an understanding of the changes that accompany puberty	<p><b>Grade 6:</b> TE 212-230 SA 54,55,56,57,58 EA 32,33,34 TR 29,30,31,32,33</p> <p><b>Grade 7:</b> TE 74-77; 208-21; 224-259 SA 16; 51-66 EA 32; 36, 37, 38 TR 37, 38, 40-46 HF</p> <p><b>Grade 8:</b> TE 208-227 SA 80, 81, 82, 83, 84, 85, 86, 87, 88 EA 26 TR 2, 43, 44</p>
apply prevention and risk reduction strategies to adolescent health problems	<p><b>Grade 6:</b> TE 147-149; 154-156; 163-165; 238-243-; 250-252 SA 6, 40,41,45,62,63,65 TR 18,20,34,35,36</p> <p><b>Grade 7:</b> TE 78-101; 117-118; 153-154; 160-161; 165 SA 17-22; 29, 30, 31 EA 25 TR 9-14; 24 HF</p> <p><b>Grade 8:</b> TE 52-59; 187-189; 193-195; 198-206; 244-245; 264-266 SA 19, 20, 78, 93, 101 EA 23, 30 TR 6, 7, 38, 40, 41</p>
demonstrate the necessary knowledge and skills to promote healthy adolescent development	<p><b>Grade 6:</b> TE 4-24; 70-98; 144-174; 176-210; 232-237; 244-249 SA 2-5.; 17-22; 36-53, 59, 60, 61, 64 EA 3,4,5,6,12-17, 21-31 TR 1,2, 5-10, 16-28, 37, 38 PC</p> <p><b>Grade 7:</b> TE 10-29; 130-181; 184-222; 262-276 SA 34-41; 48-56; 67-72 EA 1-12; 23-32; 39-41 TR 1-3; 19, 39, 47</p> <p><b>Grade 8:</b> TE 5-9; 16-20; 40-51 SA 1,5,6,7,16,17; 42-53; 61-74; 92-101 EA 1, 2, 3, 8, 16-19; 21, 22, 28-33 TR 1, 3, 4m 5, 22-30; 37, 38, 39; 46-48</p>
analyze the multiple influences which affect health decisions and behaviors.	<p><b>Grade 6:</b> TE 136-139; 147-152; 197-200 SA 6, 33, 42, 52 EA 21, 29 TR 16, 18, 19, 27 HF PC</p> <p><b>Grade 7:</b> TE 16-23; 133-135; 152-153; 163, 214-217; 257-259 SA 34, 42, 66 EA 4-7 TR 1, 2, 19, 20, 39</p> <p><b>Grade 8:</b> TE 162-175; 246-258 SA 61-67; 95, 96, 97, 98, 99 EA 21, 22 TR 47, 48</p>

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**New York State Health Standards/HPW Correlation: Intermediate**

**Standard 2—A Safe and Healthy Environment**

1. Students will demonstrate personally and socially responsible behaviors. They will care for and respect themselves and others. They will recognize threats to the environment and offer appropriate strategies to minimize them.

<b>Performance Indicators</b>	<b>HPW Citations</b>
assess potentially dangerous situations and demonstrate the skills to avoid or reduce their risks	<p><b>Grade 6:</b> TE 58-59; 100-111; 120-131 SA 23, 24, 25, 28, 29, 30, 31, 32 EA 18 TR 11, 13, 14, 15</p> <p><b>Grade 7:</b> TE 104-115; 125-128 SA 23-28; 33 EA 20-22 TR 15, 16</p> <p><b>Grade 8:</b> TE 83-93; 104-117 SA 29, 30, 31-33; 37-41 EA 12, 13, 14, 15 TR 14, 15, 17-21</p>
demonstrate personal and social skills which enhance personal health and safety	<p><b>Grade 6:</b> TE 42-50; 112-119 SA 10, 26, 27 EA 8, 9, 10, 19 TR 3, 4, 12</p> <p><b>Grade 7:</b> TE 32-58; 116-123; 143-144; 170-179 SA 1-9; 29-32; 46, 47 EA 13-16; 26, 27, 28 TR 4-8; 17, 18, 19, 25</p> <p><b>Grade 8:</b> TE 10-14; 60-62; 78-82; 95-96; 199-202; 264-266; 228-235 SA 2, 3, 4, 89, 90, 91 EA 9, 19, 23, 27, 28, 101 TR 2, 11, 12, 13, 45</p>
understand the need for personal involvement in improving the environment.	<p><b>Grade 6:</b> TE 105-111 SA 25 TR 11</p> <p><b>Grade 7:</b> TE 66-72 SA 30, 14, 15 EA 18</p> <p><b>Grade 8:</b> TE 98-102; 193-194 SA 34, 35, 36, 78 EA 1 TR 1</p>

**Standard 3—Resource Management**

1. Students will understand the influence of culture, media, and technology in making decisions about personal and community health issues. They will know about and use valid health information, products, and services. Students will advocate for healthy families and communities.

<b>Performance Indicators</b>	<b>HPW Citations</b>
distinguish between valid and invalid health information, products and services	<p><b>Grade 6:</b> TE 140-143; 206-210 SA 34, 35, 53 EA 30, 31 TR 17, 28 HF</p> <p><b>Grade 7:</b> TE 145-147; 186-189; 199-201 SA 37, 50 EA 31 TR 22, 29, 30, 31, 34</p> <p><b>Grade 8:</b> TE 152-160 SA 54-60 EA 20 TR 35, 36</p>
recognize how cultural beliefs influence health behaviors and the use of health services	<p><b>Grade 6:</b> TE 36-41; 72-77; 80-83; 199-205 SA 9, 17, 18, 19 EA 12, 13, 14 TR 5, 6, , 8, 27 PC</p> <p><b>Grade 7:</b> TE 264-269 SA 67, 68, 69, 70 EA 39 TR 47</p> <p><b>Grade 8:</b> TE 142-149 SA 47, 48, 49, 50 HF TR 26, 30, 31, 32</p>

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demonstrate the ability to work cooperatively when advocating for healthy individuals, families and schools	<p><b>Grade 6: TE</b> 26-41; 166-174 <b>SA</b> 7, 8, 9, 46, 47, 48 <b>EA</b> 7, 22, 23, 24 <b>TR</b> 21</p> <p><b>Grade 7: TE</b> 60-65; 191-199 <b>SA</b> 10, 11, 12, 51, 52, 53, 54 <b>EA</b> 17 <b>TR</b> 32, 33</p> <p><b>Grade 8: TE</b> 22-37; 149-151; 202-204; 245 <b>SA</b> 8-15, 52, 53, 79, 93 <b>EA</b> 4, 5, 6, 22 <b>TR</b> 34, 40 <b>HF</b></p>
analyze how media and technology influence the selection of health information, products and services	<p><b>Grade 6: TE</b> 135-136; 147-148; 197-199 <b>SA</b> 52 <b>EA</b> 21, 29 <b>TR</b> 16, 17 <b>HF PC</b></p> <p><b>Grade 7: TE</b> 108-109; 145-147; 152-153; 159; 199-200; 215-216 <b>SA</b> 26, 27, 36, 37, 42 <b>TR</b> 16, 22, 24, 34, 39</p> <p><b>Grade 8: TE</b> 64-71; 146-147; 181-185; 224-225 <b>SA</b> 21, 22, 23, 24, 25, 49, 50, 51 70, 71, 85 <b>TR</b> 30, 31, 32</p>
recognize the need to be an advocate for family and community health	<p><b>Grade 6: TE</b> 62-66; 235-237 <b>SA</b> 13, 14, 15, 16, 60, 61 <b>EA</b> 11</p> <p><b>Grade 7: TE</b> 66-71; 165, 177, 191, 201 <b>SA</b> 13, 14, 15 <b>EA</b> 27, 31</p> <p><b>Grade 8: TE</b> 72-76 <b>SA</b> 26, 27 <b>EA</b> 11 <b>TR</b> 9</p>
demonstrate the ability to access community health services for prevention, illness, and emergency care.	<p><b>Grade 6: TE</b> 60-63 <b>SA</b> 12</p> <p><b>Grade 7: TE</b> 63-64; 126-127; 268-269 <b>SA</b> 11, 12, 70 <b>EA</b> 21, 39</p> <p><b>Grade 8: TE</b> 99-103 <b>SA</b> 34, 35, 36</p>

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**New York State Health Standards/HPW Correlation: Commencement**

**Standard 1—Personal Health and Fitness**

1. Students will understand human growth and development and recognize the relationship between behaviors and healthy development. They will understand ways to promote health and prevent disease and will demonstrate and practice positive health behaviors.

<b>Performance Indicators</b>	<b>HPW Citations</b>
understand human growth and development throughout the life cycle	<p><b>TE</b> 65-67; 86-92; 220-254; 292-295; 300-309; 313-315</p> <p><b>SA</b> 14, 15, 16, 20, 21, 22, 23, 67-75</p> <p><b>EA</b> 6, 7, 8, 43, 44, 45</p> <p><b>TR</b> 15-21, 24, 65-67; 70-74, 76, 77</p>
demonstrate the necessary knowledge and skills to promote healthy development into adulthood	<p><b>TE</b> 4-6; 40-62; 64-97; 98-150; 180-218; 286-350</p> <p><b>SA</b> 8-13; 14-24; 25-51; 57-66; 81-87</p> <p><b>EA</b> 5-11; 12-26; 32-42; 51-55</p> <p><b>TR</b> 6-14; 15-25; 26-34; 35-47; 64-82</p>
apply prevention and risk reduction strategies which can delay the onset or reduce the risk of potential health problems into adulthood	<p><b>TE</b> 93-96; 110-117; 125-127; 264-269</p> <p><b>SA</b> 24, 30, 31, 32, 33, 34, 37, 38, 77</p> <p><b>EA</b> 11</p> <p><b>TR</b> 25, 26-29; 55, 56, 58, 59</p>
evaluate how the multiple influences which affect health decisions and behaviors can be altered.	<p><b>TE</b> 9-29; 100-108; 119-120; 129-130</p> <p><b>SA</b> 1, 2, 3, 4, 5, 26, 27, 28, 29</p> <p><b>EA</b> 1, 2, 3, 4, 14, 15, 16, 20</p> <p><b>TR</b> 1, 2, 3, 4, 5, 30, 31</p>

**Standard 2—A Safe and Healthy Environment**

1. Students will demonstrate personally and socially responsible behaviors. They will care for and respect themselves and others. They will recognize threats to the environment and offer appropriate strategies to minimize them.

<b>Performance Indicators</b>	<b>HPW Citations</b>
recognize hazardous conditions in the home, school, work place, and community and propose solutions to eliminate or reduce them	<p><b>TE</b> 123-127; 256- 284</p> <p><b>SA</b> 36, 37, 38, 76, 77, 78, 79, 80</p> <p><b>EA</b> 46, 47, 48, 49, 50</p> <p><b>TR</b> 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63</p>

## New York State Health Standards/HPW Correlation: Commencement

evaluate personal and social skills which contribute to health and safety of self and others	<p><b>TE</b> 30-37; 40-62; 78-85; 139-141; 147; 240-254; 324-337</p> <p><b>SA</b> 6, 7, 8, 9, 10, 11, 12, 13, 17, 18, 19, 41, 42, 43, 46, 47, 71, 72, 73, 74, 75, 85, 86, 87</p> <p><b>EA</b> 5, 8, 9, 10, 24, 25, 44</p> <p><b>TR</b> 6, 7, 8, 9, 10, 11, 12, 13, 14, 22, 23, 34, 83</p>
recognize how individual behavior affects the quality of the environment.	<p><b>TE</b> 152-157</p> <p><b>SA</b> 52</p> <p><b>EA</b> 27, 28</p>

### Standard 3—Resource Management

1. Students will understand the influence of culture, media, and technology in making decisions about personal and community health issues. They will know about and use valid health information, products, and services. Students will advocate for healthy families and communities.

<b>Performance Indicators</b>	<b>HPW Citations</b>
demonstrate how to evaluate health information, products and services for validity and reliability	<p><b>TE</b> 187-192; 196-201; 212-215</p> <p><b>SA</b> 61, 62, 65, 66</p> <p><b>EA</b> 33, 37, 39, 40</p> <p><b>TR</b> 35, 36, 37, 38, 39, 40, 41, 47</p>
analyze how cultural beliefs influence health behaviors and the use of health products and services	<p><b>TE</b> 123; 134-138; 183-185; 202-211; 235-239</p> <p><b>SA</b> 36, 39, 40, 57, 58, 59, 63, 64, 68, 69, 70</p> <p><b>EA</b> 39, 41</p> <p><b>TR</b> 32, 33, 34, 42, 43, 44, 45, 46</p>
demonstrate the ability to access community health services for self and others	<p><b>TE</b> 158-164; 168-171; 296-299; 310-311; 327-333</p> <p><b>SA</b> 53, 82, 85</p> <p><b>EA</b> 29, 30, 31</p> <p><b>TR</b> 68, 69, 75</p>
use technology and the media to promote positive health messages	<p><b>TE</b> 107-108; 125-127; 142</p> <p><b>SA</b> 28, 29, 37, 38</p>
demonstrate advocacy skills in promoting individual, family and community health.	<p><b>TE</b> 32-35; 41-44; 47-50; 157-177</p> <p><b>SA</b> 7, 8, 9, 10, 11, 53, 54, 55, 56</p> <p><b>EA</b> 5, 9, 29, 30, 31</p>